



CONSENT TO TELEHEALTH

BACKGROUND INFORMATION

CJ MEDICAL CENTER may work as an online provider's office (Telemedicine) and In-Home visits. The clinical team is made up of clinical providers, such as Family Nurse Practitioners. Whenever referring to the term "provider" it means a Family Nurse Practitioner.

To your knowledge, **CJ Medical Center** requires you to do a video consultation or to have a telephone call with a provider. For telemedicine services, always do a video consultation or telephone call required to provide you with good medical care.

For your information (FYI), **CJ Medical Center** is **NOT** a pharmacy. Prescriptions will be electronically sent to your preferred local pharmacy chosen at checking at no extra charge. The provider will **NOT** send prescriptions to pharmacies based outside the US.

WHEN THE DUTY OF CARE BEGINS

Provider will take responsibility for caring only after a patient created an account, answered all the required health questions, provided a photo, and made payments, the provider has subsequently reviewed the request for treatment, the health questions completed, and any photos and information received. Patient will understand that the information required upon onboarding should be completed before the visit.

As part of the more comprehensive health, lab tests, Images tests, and referrals to specialists could be ordered. In all cases, the duty of care is restricted exclusively to the act of ordering, interpreting, coordinating, and follow-up. Patient care will be under the provider's scope but is necessary to follow the directions given.

Provider-patient relationship: The provider has the right to refuse to take responsibility for caring according to the scope of practice, based on medical knowledge and experience. The relationship begins once the patient completed the health questions, made payment, and the provider has taken care of the patient.

ACCEPTING OUR TREATMENT PLAN



It's the patient's responsibility to make an informed decision whether to accept a treatment plan that the provider proposes after weighing the risks and benefits of the medicine being prescribed, alternative treatment options and the risks and benefits of such alternatives, and the option of not seeking any treatment.

DEPRESSION AND ANXIETY

In the event of a patient or relative are aware of the event of a threat to themselves or other people, should call 911 or call the ***National Suicide Prevention Hotline 1-(800) 273-8255***.

Patient should be aware that the prescription medicine class prescribed, selective serotonin inhibitors (SSRIs), norepinephrine serotonin reuptake inhibitors (SNRI), and atypical antidepressants (bupropion) are FDA-approved for depression and/or anxiety and are prescribed in that manner. Patient understand that taking these types of medicines may cause sexual dysfunction (problems with orgasm, ejaculation, and/or erectile dysfunction), and also potentially life-threatening side effects, the risk of suicidal thoughts and behavior, and can cause a severe allergic reaction that can lead to disability and even death.

Abruptly stopping any of the treatments may cause symptoms including but not limited to anxiety, irritability, agitation, dizziness, nausea, and sensory disturbances such as the feeling of having an electric shock. Also, as part of the treatment, the provider will require patients to abstain from any alcohol or substance use including but not limited to marijuana, cocaine, and stimulants (uppers). In addition, could be referring patients to specialists for cognitive behavioral therapy (CBT) for the treatment of depression or anxiety.

ERECTILE DYSFUNCTION

Patient understands that adverse events from taking sildenafil (Viagra), tadalafil (Cialis), or vardenafil (Levitra) include but aren't limited to:

- Painful erection lasting more than 4 hours,
- Sudden loss of vision in one or both eyes,
- Sudden decrease or loss of hearing,
- Allergic reaction,
- Permanent disability,
- Death.



Provider asks for medication history: If there is an active prescription of nitroglycerin or other medicines that contain nitrates then, patient should not take sildenafil (Viagra), tadalafil (Cialis), or vardenafil (Levitra) as this combination can lower blood pressure unexpectedly and could be fatal.

“Off-label”: Generic Sildenafil 20mg pills are not licensed by the FDA for erectile dysfunction treatment, provider will prescribe generic sildenafil 20mg pills “off-label”.

Erectile dysfunction is often the first symptom of other health conditions, including cardiovascular disease and diabetes, and it's important to have a range of investigative laboratory tests to look for the cause of the condition. Further investigation can arise as a set of it.

PREMATURE EJACULATION ("PE")

PE medicines are not recreational drugs, and they come with the risk of serious adverse events, including but not limited to:

- Gastrointestinal bleeding,
- Seizures,
- Coma,
- Impairment of cognitive or motor functions,
- Irritability,
- Death and disability.

Providers may prescribe sertraline, sildenafil (Viagra), tadalafil (Cialis), or vardenafil (Levitra) to treat PE.

The FDA has not licensed any medicines to treat PE and providers will prescribe PE medicines “off-label”.

Sertraline is licensed by the FDA to treat anxiety and depression, not PE.

Patient should not take sertraline for PE if under treatment of another medicine to treat anxiety or depression (such as a selective serotonin reuptake inhibitor or tricyclic antidepressant), or having a history of suicidal thoughts, self-harming, bipolar disorder, or uncontrolled depression. Doing so may cause potentially life-threatening side effects.

If Sertraline treatment for PE, patient has the option to take it as needed before sex, or daily (studies have shown that it is more effective when taken daily), but patient knows that this can increase the likelihood of adverse events, and difficulties when decide to stop taking it.

I fully understand and accept the terms of this consent.

Date _____

Signature _____